

## STD (Sexually Transmitted Diseases) FACT SHEET

STD	Symptoms	How do you get this STD?	Treatable	Curable	What can happen if you don't get treated?
<b>Chlamydia</b> <b>Urethritis</b> <b>Cervicitis</b>	<ul style="list-style-type: none"> <li>Asymptomatic infections are common in both men and women</li> <li>Symptoms show in 1 to 5 weeks</li> <li>Burning on urination</li> <li>Clear to yellow discharge</li> <li>Women – pain in lower belly and/or bleeding between periods or pain during sexual intercourse</li> </ul>	Any form of sexual activity, including oral, vaginal or anal sex	YES	YES	<ul style="list-style-type: none"> <li>Spread to sexual partners</li> <li>Can cause conditions that are life long, including: <ul style="list-style-type: none"> <li>Permanent damage to the reproductive system</li> <li>May not be able to have children</li> <li>Eye infections and pneumonia in babies born to mothers with the infection</li> <li>Women may develop PID, a very serious condition</li> <li>Can increase your chance of becoming infected with HIV if exposed to the virus</li> </ul> </li> </ul>
<b>Gonorrhea</b>	<ul style="list-style-type: none"> <li>Most women and many men have no symptoms</li> <li>Symptoms show in 2 to 60 days</li> <li>Thick yellow / green discharge</li> <li>Burning on urination</li> <li>Pain in lower belly in women, spotting and/or bleeding between periods or during sex</li> <li>Men may get swollen or pain in testicles</li> <li>Rectal symptoms: discharge, itching, soreness, bleeding, painful bowel movements</li> </ul>	Any form of sexual activity, including oral, vaginal or anal sex	YES	YES	<ul style="list-style-type: none"> <li>Spread to partners</li> <li>Can cause conditions that are life long, including: <ul style="list-style-type: none"> <li>Permanent damage to reproductive system</li> <li>May not be able to have children</li> <li>Can cause heart damage, skin problems, arthritis and blindness</li> <li>Women may develop PID, a very serious condition</li> <li>Can increase your chance of becoming infected with HIV if exposed to the virus</li> </ul> </li> </ul>
<b>Syphilis</b>	<p><b>1<sup>st</sup> Stage</b></p> <ul style="list-style-type: none"> <li>Symptoms present in 3 to 90 days</li> <li>Painless sore(s) at site of first contact</li> <li>Sore(s) last 1 to 5 weeks, then disappear</li> </ul> <p><b>2<sup>nd</sup> Stage</b></p> <ul style="list-style-type: none"> <li>Symptoms present in 1½ to 6 months after sores heal; last 2 to 6 weeks, then disappear</li> <li>Rash on any part of the body, patchy hair loss, flu-like symptoms</li> </ul>	Any form of sexual activity, including oral, vaginal or anal sex  Passed from mother to fetus causing severe damage	YES	YES	<ul style="list-style-type: none"> <li>Spread to partners</li> <li>Can cause conditions that are life long, including: <ul style="list-style-type: none"> <li>Heart, brain, arthritis and damage to other organs</li> <li>Blindness</li> <li>Infant can have life threatening problems</li> <li>Miscarriage, if pregnant</li> <li>Can increase your chance of becoming infected with HIV if exposed to the virus</li> </ul> </li> </ul>
<b>Genital Warts (HPV)</b>	<ul style="list-style-type: none"> <li>Usually appear 1 to 3 months after exposure</li> <li>Small growths on sex organs, anus and oral cavity; may be different sizes and colors</li> <li>Usually painless</li> </ul>	Skin-to-skin contact  Removal helps prevent the spread of the virus	YES	NO	<ul style="list-style-type: none"> <li>Spread to sex partners</li> <li>Virus stays in body for life</li> <li>Strong link to cancer</li> <li>Can be passed to baby at birth</li> <li>Can increase your chance of becoming infected with HIV if exposed to the virus</li> </ul>

Niagara County Department of Health's Sexual Health Center is open Tuesday and Thursday from 9:00 A.M. to 3:00 P.M.  
For more information, call (716) 278-1900



**STD & HIV testing is CONFIDENTIAL and is offered to anyone 13 years of age and older.**  
**Please bring photo I.D. and health insurance card with you to clinic**



**Public Health**  
Prevent. Promote. Protect.

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<b>Herpes Simplex Virus (HSV) Herpes</b>	<p><b>1<sup>st</sup> Episode</b></p> <ul style="list-style-type: none"> <li>• Painful or itchy sores</li> <li>• Fever</li> <li>• Flu symptoms</li> <li>• Swollen glands in groin</li> <li>• Sores on both sides of affected area, sex organs, buttocks, anus, thighs</li> </ul> <p><b>Recurrent Episodes</b></p> <ul style="list-style-type: none"> <li>• Fewer sores</li> <li>• Less severe</li> <li>• Usually on only one side of affected area</li> </ul>	<p>Skin-to-skin contact</p> <p>Can spread to self by touching sores then touching another part of your body</p> <p>Virus is spread during an outbreak, but can also be spread when there are no visible sores</p>	<p>YES</p> <p>Medication can lessen severity of the outbreak</p>	<p>NO</p>	<ul style="list-style-type: none"> <li>• Spread to sex partners</li> <li>• Virus stays in body for life</li> <li>• Can transmit to baby during birth</li> <li>• Can be spread to eyes causing major problems</li> <li>• Can increase your chance of becoming infected with HIV if exposed to the virus</li> </ul>
<b>Trichomoniasis (Trich)</b>	<ul style="list-style-type: none"> <li>• Symptoms usually show in 4 to 20 days</li> <li>• Yellow-green discharge, bubbly, foul odor discharge</li> <li>• Painful urination</li> <li>• Painful intercourse</li> <li>• May not have symptoms</li> </ul>	<p>Spread through sexual intercourse</p> <p>Rarely can be transmitted through wet towels, bathing suits, underwear, washcloths and toilet seats.</p> <p>Diagnosis can only be made on females, although males can also have the infection</p>	<p>YES</p> <p>Partners need to be treated</p>	<p>YES</p>	<ul style="list-style-type: none"> <li>• Spread to partners</li> <li>• Can lead to the development of PID in women, a very serious condition</li> <li>• Can increase your chance of becoming infected with HIV if exposed to the virus</li> </ul>
<b>Bacterial Vaginosis (BV)</b>	<ul style="list-style-type: none"> <li>• NOT considered an STD</li> <li>• Sexually active women are more prone to it</li> <li>• An infection of women only</li> <li>• Thin, gray or white foul odor discharge</li> <li>• Rarely irritating</li> </ul>	<p>Actual cause is unknown</p> <p>An imbalance in the normal condition of the vagina occurs which leads to an overgrowth of "bad" bacteria and knocks out the "good" bacteria.</p>	<p>YES</p> <p>Although, many women will have frequent episodes</p> <p>Male sexual partners are not treated</p>	<p>YES</p>	<ul style="list-style-type: none"> <li>• Makes you more susceptible to other STD's, PID and HIV</li> <li>• PID can cause permanent damage to the reproductive system</li> </ul>
<b>Yeast</b>	<ul style="list-style-type: none"> <li>• A condition affecting women</li> <li>• A white, clumpy cottage-cheese like discharge</li> <li>• NO odor</li> <li>• Severe itching</li> <li>• Swelling and soreness of the vaginal opening</li> <li>• Painful urination and/or painful intercourse</li> </ul>	<p>NOT an STD</p> <p>Causes include: antibiotics, pregnancy, diabetes, numerous partners, tight pants, soaps, bath oils, douches, deodorant sprays, suppressed immune system</p>	<p>YES</p> <p>Partners are not treated</p>	<p>YES</p>	<ul style="list-style-type: none"> <li>• Usually just a very uncomfortable condition</li> <li>• Because of the sores, it may cause an increase in the chance of getting HIV if exposed to the virus</li> </ul>

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